

Herald	Number	Gemstone	Color	Essence	Body Focus	Soulcasting Properties	Divine Attributes	Order	Surges	Major Spren
Jezrieh	1 Jes	Sapphire	Blue	Zephyr	Inhalation	Translucent gas, air	Protecting Leading	Windrunners	Adhesion	Honorspren
Nale	2 Nan	Smokestone	Grey	Vapor	Exhalation	Opaque gas, smog, fog	Just Confident	Skybreakers	Gravitation	Highspren
Chanarach	3 Chach	Ruby	Red	Spark	The Soul	Fire	Brave Obedient	Dustbringers	Division	Ashspren
Vedel	4 Vev	Diamond	Clear (white)	Lucentia	The Eyes	Quartz, glass, crystal	Loving Healing	Edgedancers	Abrasion	Cultivationspren
Paliah	5 Palah	Emerald	Green	Pulp	The Hair	Wood, plants, moss	Learned Giving	Truthwatchers	Progression	
Shalash	6 Shash	Garnet	Red	Blood	The Blood	Blood, all non-oil liquid	Creative Honest	Lightweavers	Illumination	Liespren(cryptics)
Battar	7 Betab	Zircon	Blue/Grey?	Tallow	Oil	All kinds of oil	Wise Careful	Elsecallers	Transformation	Inkspren
Kalak	8 Kak	Amethyst	Purple	Foil	The Nails	Metal	Resolute Builder	Willshapers	Transportation	
Talenel	9 Tanant	Topaz	Amber	Talus	The Bone	Rock and stone	Dependable Resourceful	Stonewards	Cohesion	
Ishar	10 Ishi	Heliodor	Golden	Sinew	Flesh	Meat, flesh	Pious Guiding	Bondsmiths	Tension	'God Spren' (Stormfather)
									Adhesion	

Yellow highlights are guesses

Possible Major Spren

Ashspren

Lightspren

Keenspren

Minor Spren	Resonance	Unmade	Ideals		
Windspren	Strength of Squires		I will protect those who cannot protect themselves	I will protect even those I hate, so long as it is right	
	Guilt Finding		Ideal of Justice - I will put the law before all else	Ideal of Dedication - I swear to follow the will of Dalinar Kholin. This is my oath.	Ideal of Crusade - I will cleanse the Shin of their false leaders, so long as Dalinar Kholin agrees.
Flamespren					
Lifespren	Language		I will remember those who have been forgotten.	I will listen to those who have been ignored.	
	Future sight????				
Creationspren	Memory	Re-Shephir	Truths		
Concentrationspren	Direction Sense				
Gloryspren	Enhancement?		I will unite instead of divide. I will bring men together.	I will take responsibility for what I have done. If I must fall, I will rise each time a better man.	

Possible Minor Spren

Logicspren

Riverspren

Unknown if there is a direct correlation

Ashertmarn

Ba-Ado-Mishram

Chemoarish

Dai-Gonarthis

Moelach

Nergaoul

Sja-anat

Yelig-nar

[illegible]